

Town of Bethel Parks and Recreation April 2017 Programs

Bethel Parks and Recreation Contact Information:

3460 Route 55

P.O. Box 300

White Lake, NY 12786

E-mail: bethelnyparksandrec@gmail.com

Phone: 845-583-5360

Cathy McFadden, Director (part-time position)

Daniel Sturm, Supervisor 845-583-4350 ext 12

Facebook: Town of Bethel Parks and Recreation

Facebook: Town of Bethel Parks and Recreation NY (Closed Group)

Important Information regarding cancellations of programs:

Like Town of Bethel Parks and Recreation on **Facebook** for up to date information and cancelations. Also our programs are canceled for federal holidays and during school breaks unless otherwise noted.

IMPORTANT NOTICE FOR PROGRAMS USING THE GYM – due to the use of heavy salt and sand in the parking lot, all participants in programs that occur in the gym **must bring their sneakers instead of wearing them until the parking lot has been swept** (usually by mid-May). **These sneakers should be free of salt, sand, and mud as these elements harm the gym floor.** The gym floor has not been resurfaced since summer 2009 and is easily damaged. If the floor becomes too damaged, we will not be able to use it for our programs.

ZUMBA Fitness Classes -Tuesdays at 5:15 PM.

Dress in comfortable clothes and bring sneakers and a water bottle. Each class costs \$5 for adults (Free for Bethel Youth aged 10 to 18) or pre-pay fro the month for a \$5 discount. First class is free. Participants are encouraged to do only what they can. No one is forced to perform at the level of the instructor. **NO CLASS April 11th.**

Please note, if we do not have 3 or more participants, this program will be canceled.

Kick-it Off Exercise Class -Thursday evenings at 6:30 PM.

Mike McCauley combines cardio moves with targeted exercises for the “problem areas” set to a rocking beat. Open to men and women. Cost is \$5/class or prepay for the month for a \$5 discount. Bethel Youth may participate in the program for free.

Wear comfortable clothes and sneakers. First class free. Participants are encouraged to do what you can, as long as you are moving. *We also offer modified Kick-it Off exercises for those who prefer to exercise sitting down in a chair.* **NO CLASS APRIL 13th.**

Combo discount–.Pre-pay for the month’s classes to receive the discount The discount takes \$10 off the combined total cost.

Tae Kwon Do Classes -Tuesday evenings at 6:30 PM with Sensei Mike McCauley, second-degree black belt. Open to children in Grade 2 through adults. Wear comfortable clothes. The program is done in bare feet. Uniforms can be ordered through the instructor. Cost of the program is \$5/class. Try the first class for free! NO CLASS April 11th.

Walking the Halls -Mondays and Tuesdays 6-7:30 PM

The hallway of the Duggan Community Center will be open for walking. Please wear comfortable shoes and sign-in at the desk by the gym. Bring your own music or walking partner (no pets permitted). This program will operate for the **month of April** except on April 10th and 11th. Wearing a *light sweater or sweatshirt while walking is recommended as the hallways tend to lack heat during the winter months.* No fee.

PickleBall Court Times – Mondays and Fridays 6-8 PM Duggan Gym. *Until all the sand and salt is gone from the parking lots, please bring your sneakers – do not wear the sneakers you use in the gym outside; this adds to the issues with the gym floor. NO PICKLEBALL on APRIL 14th.*

Youth Craft Nights at the Bethel Recreation Center:

Children in Grades Kindergarten to 6th grades from 6:30 to 7:30 PM taught by K.L. Rutherford Elementary School's Art teacher, Mrs. Seward or Cathy McFadden, Parks & Rec Director

Tuesday, April 4th – Easter-themed crafts

Tuesday, April 25th and May 2nd – special project

Paint with Friends Night

Monday, April 17th

Spring Flowers. Held in the Bethel Recreation Center beginning at 6:00 PM. Light snacks provided. \$30/person (\$25 for Bethel Youth) RSVP by e-mail or leave a message at 583-5360 by Thursday, April 13th.



Ringling Bros and Barnum Bailey Circus Xtreme Family Bus Trip

Saturday, April 8th - those registered should plan to be at Duggan between 11:30 and 11:40 AM. The bus will leave at 11:45 AM for Wilkes-Barre, PA.

Bethel Youth Egg Hunt – Saturday, April 15th

1 PM Duggan Community Center Rain or Shine

Open to Town of Bethel Youth only ages 1 to 11 years old. Youth should come dressed for the weather and bring a basket for collecting plastic toy or candy-filled eggs. Some special prize eggs are in each area. Youth hunt by age groups in different areas. Youth who participate in our coloring contest, receive a prize. Volunteers are needed to help stuff the plastic eggs and hide the eggs in different areas, for set up and clean up of the refreshments and prizes. Volunteers should arrive by 10 AM to help fill and hide the eggs. *This is great for students in need of community service – 5 hours.*

Bethel Community Day Saturday, May 20th from 10 AM to 2 PM.

Vendors and community organizations welcome. Applications are available on the Parks & Rec page online. Free children activities sponsored by Bethel Parks and Rec. Registration for summer youth programs.

Seasonal Summer Jobs: Deadline for Seasonal Job applications was **March 31^s**. Applicants will be contacted in early April to schedule interviews. Lifeguards and Water Safety Instructors courses are not usually given until mid-April to May. If you're interested in taking a course, please contact the Parks and Recreation Dept ASAP.

The following is information for the YMCA of Middletown for Lifeguarding and Water Safety Instructor training as well as recertification for Lifeguarding and CPR/First Aid:

CPR Recertification (please bring your current certification) April 8 9:00am-1:00pm \$75 (*DOH requires yearly recertification*)

Lifeguard Recertification (please bring your current certification) April 8 9:00am-5:00pm \$125

Lifeguard Training (Must be able to swim 300 yards, retrieve 10 pound object from 7 feet of water, and Tread water for 2 minute) April 10,11,12&13 9:00am-5:00pm \$325

Water Safety Instructor (Must be able to swim 300 yards, retrieve 10 pound object from 7 feet of water, and Tread water for 2 minute) April 10,11,12&13 9:00am-5:00pm \$350

CPR Recertification (please bring your current certification) April 16 9:00am-1:00pm \$75

For more information please contact Danielle McAvinue at: (P) 845 956 1549 or (E) dmcavinue@middletownymca.org. For additional dates in May and June, please visit their website: <http://www.middletownymca.org/node/8>

The Town of Fallsburg Parks and Recreation usually offers Lifeguarding classes and Water Safety Instructor classes with Janet Carey and other ARC certified instructors. Those dates are not known at this time.

Town of Bethel All-Day Camp and Morning Program

Morning Program (Half-day) Registration Dates:

Saturday, May 20th 10 AM – 2 PM other dates: TBD if spots remain
A certain number of slots are reserved for our half-day morning program. If spots remain after our registration dates, the remaining spots may become available for all day camp.

Morning Program Prices (6 weeks, 5 days/week)

Town of Bethel residents	\$75/child
Non-residents	\$100/child
Swim Lesson Only	Free to Bethel residents

The fee charged for the morning program is a program enhancement fee. *For resident youth who wish to take swim lessons only, there is no charge.*

All Day Camp Registration – must register in person - No registrations will be accepted at the Town Hall or by mail until April 7th

- There will be limited enrollment for both full-time and part-time slots as well as the 2-week option
- All registration dates will be held at the Bethel Recreation Center located in the Duggan School (3460 Rt 55 White Lake, 583-5360).
- Please e-mail questions to bethelnyparksandrec@gmail.com.

Open Registration: Thurs. Mar 30th 5 to 6 PM or Sun, Apr 2nd 10:30-11:30 AM

Deposit of \$50/child Bethel resident and \$75/child Non-resident is due at registration. An installment plan for the remaining balance is an option. Checks may be mailed in or dropped off monthly. Camp fees must be paid in full by June 30th in order to attend camp on the first day.

Camp Dates: Camp begins **Monday, July 3, 2017** (no camp on July 4th) and the **7-week All Day** program ends **Friday, August 18, 2017**. **Hours are 8:30 AM to 5:30 PM.** *Early drop-off times (beginning at 6:30 AM) and late pick-up times (until 6 PM) are available for an additional fee.*

Camp Information: includes Arts & Crafts, Reading & Dramatics, Playground & Sports, American Red Cross Swim Instruction, special theme days and at least two out-of-camp trips along with an annual camp talent show and end of the program picnic. After lunch, children participate in activities organized around themes, free swim time and help maintain and harvest the camp gardens. A trip to an area waterpark is scheduled during the last week of camp.

Children must have completed a full-day Pre-K program and be entering Kindergarten in the fall (turning 5 by December 31, 2017) to be able to attend summer camp. Although children are accepted through the end of sixth grade, children in Grades 4 and older often need a camp that offers more options. Our behavior policy will be strictly enforced. Our program may not be able to accommodate youth with special needs as we are a municipal recreational program not a specialized day camp. *Youth who are 13 may apply to be a CIT (a volunteer position).* **All registrations require a copy of the child's current immunization record** (NYS Dept. of Health required) and for new enrollees the child's birth certificate or passport must be presented at registration. *Also, a letter from the Pre-K program acknowledging the child's enrollment in the program is needed for that age group.*

All Day Camp Options and Prices:

Full-time (7-weeks, 5 days/week)

Bethel residents	
1 st child same household	\$750
2 nd child same household	\$600
3 rd + child same household	\$500
Non-Bethel residents	
1 st child same household	\$800
2 nd child same household	\$650
3 rd child same household	\$550

Part-time

Option A (7 weeks, 3 days/week)

Bethel residents`	\$450
Non-residents	\$480

Option B (7 weeks, 2 days/week)

Bethel residents	\$300
Non-residents	\$320

2-week session (attends 5 days a week for 2 consecutive weeks)

Bethel residents	\$215
Non-residents	\$250

Enrollment in All Day camp includes the Morning program. Additional costs for trips will be collected during camp.