### Town of Bethel Parks and Recreation May 2019 Programs

#### **Bethel Parks and Recreation Contact Information:**

E-mail: bethelnyparksandrec@gmail.com Phone: 845-583-5360

Cathy McFadden, Director (part-time position) Daniel Sturm, Supervisor 845-583-4350 ext 102

#### **Important Information regarding cancellations of programs:**

**Like** Town of Bethel Parks and Recreation on **Facebook** for up to date information and cancelations. Also our programs are canceled for federal holidays and during school breaks unless otherwise noted.

ON YOUR OWN IN NYC SPRING BUS TRIP -Saturday, May 11<sup>th</sup>. Coach bus leaves White Lake Church parking lot at 8:30 AM. Drop off in NYC on 8<sup>th</sup> Ave near 50<sup>th</sup>. Spend the day doing what you want – see a show, shop, take in the spring sites, go to a museum or the Central Park Zoo. We leave NYC at 6:30 PM from 8<sup>th</sup> Ave. Cost is \$25 for adults, \$20 for Senior Citizens (60 and older) and \$5 for Bethel youth or \$10 for non-resident youth (ages 3 to 21. SPOTS STILL AVAILABLE – CALL 583-5360 TO RESERVE OR STOP IN AT THE TOWN HALL Registration forms will also be available at Bethel Community Day. An additional fee of \$1 per youth and \$2 per adult will be collected the day of the trip for the bus driver's tip.

# Bethel Community Day Sunday, May 5th from 12 to 4 PM.

Rain or Shine - Duggan Community Center 3460 Hwy 55 White Lake

- Vendor fair
- Community organization information fair
- Free children activities "Woodstock-themed"
- Kids' Cookie Baking Contest
- Adult 1969 Baking Contest
- Vincent "Vinny Sticks" Van Lowe performing at 1 PM
- Yoga Flow for Kids: Act like Animals at 2 PM
- Community Kickball game at 2:45 PM
- Registration for TOBY MORNING SUMMER CAMP
- Yard Sale to benefit Bethel Youth programs
- Music and food

Come out and see what the Town of Bethel has to offer.

Baking contest entry forms are available at the Town Hall or online. Entry forms are due by May  $3^{\rm rd}$  at the Town Hall. Vendor and organization must complete

a form to reserve a spot. Forms are available at the Town Hall or on the town website.

### NY Aquarium and Coney Island Trip -Saturday, June 1st

Trip cost includes admission to the NY Aquarium (including the 4D theater) and coach bus transportation. There will be time in the afternoon to explore Coney Island (amusement areas, eateries, the beach) on your own. Bus will leave Duggan School in White Lake at 7 AM and Brooklyn at 6 PM (Surf Ave). Cost of the trip is \$25 for Youth (ages 3 to 21) and \$35 for Adults. *Youth under 18 must have an adult accompany them on the trip.* **Registration will be held on Thursday, May 9<sup>th</sup> from 5:15 to 6 PM in the Bethel Recreation Center.** 

### **Yoga Flow for Kids: Act Like Animals- Thursday evenings**

5:30-6:00 PM for Grades Pre-K to 2<sup>nd</sup> 6:00-6:30 PM for Grades 3 to 6

New program – 4 sessions are planned. Cost of the program is \$5 per class or prepay for the 4 sessions and receive a \$5 discount (\$15 for the 4 classes). Instructor is certified, Wayne Prisco. Dress in comfortable clothes. Optional: yoga mat. **Classes begin on May 9**th in the Duggan School gym.

## Kick-it Off Exercise Class - Thursday evenings at 6:30 PM.

Mike McCauley combines cardio moves with targeted exercises for the "problem areas" set to a rocking beat. Open to men and women. Cost is \$5/class or prepay for the month for a \$5 discount. Bethel Youth may participate in the program for free. Wear comfortable clothes and sneakers. First class free. Participants are encouraged to do what you can, as long as you are moving. We also offer modified Kick-it Off exercises for those who prefer to exercise sitting down in a chair.

<u>Tae Kwon Do Classes</u> - Tuesday evenings at 6:30 PM with Sensei Mike McCauley, second-degree black belt. Cost of the program is \$5/class. WE ARE NO LONGER ACCEPTING NEW STUDENTS!

PickleBall Court Times - Mondays and Fridays 6-8 PM Duggan Gym.

**Town Park Clean-Up Dates** – Volunteers are needed to help get the park grounds and facilities ready for the season. Includes raking, removing fallen trees and branches, washing down equipment, planting flowers, painting, and other yard work. Bring gloves. Bethel residents who volunteer 6 hours or more may earn discounts off seasonal pool passes or summer camp costs.

Dates: Tuesday, May 7<sup>th</sup> 6-8 PM at the Town Park
Sunday, May 19<sup>h t</sup> from 3 to 5 PM at the Town Park
Wednesday May 22<sup>nd</sup> from 5:30-7:30 PM at the Town Park
Sunday, June 2<sup>nd</sup> from 2:00-4:00 PM at the Town Park

**Seasonal Summer Jobs**: We are still accepting applications for LIFEGUARDS, WATER SAFETY INSTRUCTORS, PARK ATTENDANT (FRIDAYS), SUBSTITUTE LPN OR CAMP EMT AND PM CAMP COUNSELORS (16 and older). Job descriptions are available online or at the Town Hall. Applications are due ASAP. Lifeguards and Water Safety Instructors courses are not usually given until mid-May. If you're interested in taking a course, please contact the Parks and Recreation Dept ASAP.

# **Bethel Youth Half-day Summer Camp**

Registration: Sunday, May 5<sup>th</sup> 12-4 PM Duggan Community Center. Limited spots.

<u>Camp Dates:</u> Camp begins **Monday, July 8**, 2019 and the <u>6-week program</u> ends **Friday, August 16**, 2019. **Hours are 9 AM to 12:30 PM.** *Early drop-off times* (beginning at 8 AM) and late pick-up times (until 1 PM) are available for an additional fee.

<u>Camp Information:</u> includes Arts & Crafts, Reading & Dramatics, Playground & Sports, American Red Cross Swim Instruction, special theme days and at least two out-of-camp trips along with an annual camp talent show and end of the program picnic..

Children must have completed a full-day Pre-K program and be entering Kindergarten in the fall (turning 5 by December 1, 2019) to be able to attend summer camp. Although children are accepted through the end of sixth grade, children in Grades 4 and older often need a camp that offers more options. Our behavior policy will be strictly enforced. Our program may not be able to accommodate youth with special needs as we are a municipal recreational program not a specialized day camp. Youth who are 13 may apply to be a CIT (a volunteer position). All registrations require a copy of the child's current immunization record (NYS Dept. of Health required) and for new enrollees the child's birth certificate or passport must be presented at registration. Also, a letter from the Pre-K program acknowledging the child's enrollment in the program is needed for that age group.

#### Morning Program Prices (6 weeks, 5 days/week)

Town of Bethel residents \$90/child Non-residents \$120/child

Swim Lesson Only Free to Bethel residents
The fee charged for the morning program is a program enhancement fee. For resident youth who wish to take swim lessons only, there is no charge.

#### Information about our Facebook accounts:

Town of Bethel Parks and Recreation Facebook Page:

www.facebook.com/Town-of-Bethel-Parks-and-Recreation-301899679862111

Check out the events, services and notes sections for more information about programs and activities. This is where our up-to-date information will be.

<u>TOBY Camp Facebook group</u> – group members are revised each summer. Only TOBY camp enrolled families will be granted access to this group. Members are added or deleted after the final dates of registration in May.

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