



# Town of Bethel

## January 2013 Newsletter

January 2013

Published by Rita Sheehan, Bethel Town Clerk

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### Found:

A pair of reading glasses at the Bethel Veterans Park probably lost during the tree lighting or Santa express.

### Coming Next Month:

Ski Registration Info.  
Ice Fishing Contest

## Fee now being charged for T.V.s and Computer Monitors at Town Transfer Station and County

Effective December 28, 2012 there will now be a charge to dispose of T.V.'s and Computer Monitors. The cost will be \$12. at the Town Transfer Station. For information on the County Facilities contact them directly at 807-0290. During 2012 the fee was waived. Due to the changing industry, our vendor who hauls the e-waste has enacted the new fee that unfortunately we have to pass along to our customers. The Town Board is working on some different solutions to bring this fee down, but at this time it will be effective until further notice. We will continue to collect the e-waste on our annual clean-up day the first Saturday in May at a reduced rate or possibly free. Thank you for your understanding as we work together to reduce the waste on our roadways.

## The Natural Contents' Kitchen



The Natural Contents' Kitchen provides weekly prepared food shares that are delicious, seasonal and health conscious. Every week, you'll find a selection of farm fresh food...soup, hummus, veggie bowls and burgers, salads, quiche & frittata, meaty mains, freshly made nut milk, granola and more! They will also whip up some Healthy Indulgences to make sure you have a great sweet treat. From Their Lovin' Muffin to truffles; U Bake cookies to raw desserts...they promise only to delight.

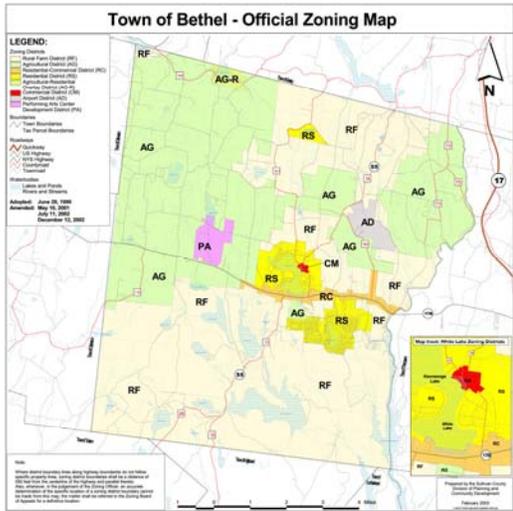
The Natural Contents' Kitchen is based on a CSK (Community Supported Kitchen) model which allows them to prepare food efficiently, provide fair pricing and manage waste. The menu is dependent on the growing season (and availability) of their local and regional organic farms and food producers. Since orders are accepted in advance, they are able to plan for just the right amount, in just the right time. They take pride in sourcing our additional ingredients from independent national brands and small businesses that are participating in sustainable business practices.

Every Thursday, they will post and email their **Weekly Menu** for the following week's delivery. You'll find all of the items being offered, the list of ingredients, serving ideas and any dietary descriptions...naturally gluten free, vegan, dairy free, etc. Orders are due by Friday, 8pm.

This is only an excerpt of their website and what they offer.

Website: [www.naturalcontents.com](http://www.naturalcontents.com)  
Phone: 888-551-8625

## TOWN OF BETHEL Notice of Vacancy for Planning Board



Applications are being considered for two vacancies as alternate members on the Town of Bethel Planning Board. The Planning Board meets on the 2<sup>nd</sup> Tuesday of every month on a volunteer basis and other meetings as maybe necessary.

All interested persons are to send a letter of interest by January 4<sup>th</sup> to :

Town of Bethel  
Attn: PB Chairman  
P.O. Box 300  
White Lake, NY 12786

## Cobalt Studios wins Award

The national designers and technicians club, (the US institute of Theatre Technology - AKA USITT) have recognized Cobalt Studios with a prestigious award. On behalf of the Education Commission of The United States Institute for Theatre Technology, Rachel Keebler and Howard Jones have been nominated for a joint Special Citation Award for twenty-five years of service and dedication to the training of scenic Artists through Cobalt Studios. The award will be given out at the national Conference in Milwaukee this March. It is quite an honor. Congratulations!

## Smallwood-Mongaup Valley Fire Dept. sets date for Fighting Fires 5K for 2013 in Memory of the Sandy Hook Elementary School victims



The Smallwood-Mongaup Valley Fire Company has set the date for their annual Fighting Fires 5K for July 7, 2013. This year the 5K will be ***In Memory of the Sandy Hook Elementary School*** victims with special recognition given to Daniel Barden, Age 7, whose relatives have been long-time Smallwood summer residents.

## Alzheimer's Association Subzero Heroes Fundraiser

The local Alzheimer's Association is holding their first event Subzero Heroes on Feb. 2nd to raise money for the 2013 Walk to End Alzheimers. Bethel residents Susan and Christine Bunce and Monica Takourian will be part of the first team to represent Sullivan County and take the plunge at Berean Lake in Highland, NY. To donate, learn more about this event or Alzheimers call 845-471-2655 or go to [http://act.alz.org/site/TR?fr\\_id=2870&pg=entry](http://act.alz.org/site/TR?fr_id=2870&pg=entry)

**January 2013  
Meeting Schedule**

**Town Board:**  
January 2<sup>nd</sup> 7:30 p.m.  
January 23<sup>rd</sup> 7:30 p.m

**Planning Board:**  
January 8<sup>th</sup> 7:00 p.m.

**Zoning Board:**  
January 28<sup>th</sup> 7:30 p.m

**Bethel Ag Committee:**  
January 15<sup>th</sup> 6:30 p.m

**All Town Departments  
Closed January 21<sup>st</sup> in  
observance of Martin  
Luther King, Jr.'s  
Birthday**

**2013 Tax Collector's  
Office Hours:**

Debra Gabriel,  
Tax Collector  
Town of Bethel  
3454 Route 55  
P.O. Box 561  
White Lake, NY 12786

Phone: (845) 583-4350 x18

January, February, March:  
Monday 8 a.m. - Noon;  
Tuesday, Wednesday,  
Thursday 9 a.m. - 4 p.m.

Saturday Hours Only in  
January: 5th, 12th, 19th  
and 26th - 10 a.m. - 2 p.m.

Closed Saturdays in  
February and March.

Closed Fridays, Sundays  
and Holidays.

Appointments available by  
calling (845) 583-4350 x18

Tax Bills are online at:

[www.taxlookup.net/bethel](http://www.taxlookup.net/bethel)

**Excerpt from New York's Fish, Wildlife and Marine Newsletter**

**Did You Know...?**

Bald eagles mate for life, which can be up to 30 years or more. The pair continuously reuses the same nest, repairing and rebuilding it with mud, twigs and branches each year. Eventually, their nest can grow to be more than six feet across and eight feet deep and weigh up to a ton! *Read more about this captivating raptor on DEC's [Bald Eagle webpage.](#)*



**New Daycare Opens in Smallwood**

Ali Granito recently moved to Smallwood and has opened a day care. She has over 25 years in the business and she states "I love working with children and their parents". With a love for children we are a NY State licensed Group Family Day Care catering to children from 6 weeks to 12 years. We have been in business for over 16 yrs. They run a fun and loving educational developmental program, with age appropriate activities in a home based caring setting. Their Group Family Day Care offers a chance for kids to learn and grow in a safe environment that is both fun, educational and child friendly. Their staff has over 20 years of Day Care experience, as well as Early Childhood Degrees in Education. They are NY State Licensed; participate in the food, work force and working parent grant programs. With trainings in First Aid/CPR, as well as these areas Child Development, Nutrition and Safety, Abuse and Maltreatment, Program Development, and State Regulations. Monday-Friday 7:30 a.m. - 5:30 p.m. For more information e-mail [ali@lotsatotsdaycare.com](mailto:ali@lotsatotsdaycare.com) or her website <http://www.lotsatotsdaycare.com> or call (845) 796-3866.

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## Catskill Nordic Ski Club 2012-2013 Schedule

Sullivan County - The Catskill Nordic Ski Club recently finalized its schedule for the upcoming ski season.

The club offers informal guided cross-country ski trips on some of Sullivan County's most beautiful trails. Most of the trips are free, except where noted, and last about two hours.



All ski trips are scheduled to begin at 1:30 p.m. On a Saturday - unless otherwise indicated. Depending on the weather and/or snow conditions, the leader may choose to reschedule to Sunday or change the hour or location or to hold a winter hike. Leaders will be prepared to help and encourage new members.

Members and new skiers alike are reminded to always call the leader the night before the scheduled ski trip for updated information

- Dec. 29: Town Of Thompson Park—Trail Clearing And Marking, Leader Betty & Bob Klein 796-3336
- Jan. 5: Fallsburg Trails, Leader Eileen & Andy Kalter 434-5371
- Jan. 12: Downs Rd. Trails, Leader Warren & Judy Bergstrom 794-7631
- Jan. 19: Cornell Cooperative Extension-Ferndale, Leader Pat Gersten, 794-1039
- Jan. 26: Mongaup Pond, Leader Judy Brennan, 292-7632
- Feb. 2: Smallwood Trails, Leaders Jonathan Hyman & Gail Rubenfeld, 583-4103
- Feb. 9: Frost Valley Ymca (**Fee Charged**), Leader Bonnie Hoffman 794-7552
- Feb. 16: Minnewaska State Park (**Fee Charged**), Leader Dan Gersten 798-6618
- Feb. 23: Town Of Thompson Park, Leader Christine Westerman 791-7332
- March 2: Fluggertown Road, Leader Kathi Widmann 794-5650
- March 9: Ski Or Hike. Annual Meeting/Dinner To Follow. More Info. 794-1039

Parks and Recreation Contact Information

Cathy McFadden  
Director  
583-8224

Cathleen Doherty  
Asst. Director  
583-3129

Youth Center  
3460 Route 55  
White Lake, NY 12786

Phone: 583-5360

Email:  
[bethelnyparksandrec@gmail.com](mailto:bethelnyparksandrec@gmail.com)

Facebook:  
Town of Bethel Parks and Recreation

[Twitter@bethelparksrec](https://twitter.com/bethelparksrec)

Page on Town Website  
[http://town.bethel.ny.us/Parks\\_and\\_Recreation\\_6LNZ.html](http://town.bethel.ny.us/Parks_and_Recreation_6LNZ.html)

Town Contact Info:

Town of Bethel  
P.O. Box 300  
White Lake, NY 12786  
Phone: (845) 583-4350  
Open Mon-Fri 9 a.m. – 4 p.m.

Website: [www.town.bethel.ny.us](http://www.town.bethel.ny.us)

Facebook:  
Town of Bethel New York

## Bethel Parks and Recreation Activities

**Taekwondo classes** - Tuesday evenings beginning January 8th. Classes are open to children aged 4 (enrolled in Pre-K) to adults. 6:30 PM class is a beginner class. 7:30 PM is an intermediate class. Single class cost is \$6. A block of 4 classes may be purchased for \$20. Classes are taught by a certified teacher and 2<sup>nd</sup> degree black belt, Mike McCauley. Program is held in the Duggan gym.

**Zumba classes** - Tuesday evenings beginning January 8th. Classes are open to youth aged 10 and up and to adults. The class begins at 5:15 PM in the Duggan Gym. Please wear comfortable clothes and sneakers. Bring your own water bottle. Class is taught by a certified Zumba instructor, Elyssa I. Class is free to Bethel Youth aged 10 to 18, a block of 4 classes is \$10 for college students, and a block of 4 classes is \$20 for adults. First class is free.

**Kick-it Off** - exercise to music as you work your “problem areas” with taekwondo moves and calisthenics. Co-ed class open to anyone over 10. Free to Bethel Youth up to 21. A block of 4 classes is \$20 for adults. First class is free. Held on Thursday evenings beginning at 6:30 PM in the Duggan gym. Mike McCauley is the leader of the program. Wear sneakers and comfortable clothes. **Classes will begin January 3rd.**

**New Year, New You Special:** Combine Zumba and Kick-it Off Classes for a discount. For \$30 you will receive 4 Zumba classes and 4 Kick-it Off classes. Purchase special by Jan. 29th.

**Walking in the Gym** - Monday evenings in the Duggan Gym. Open to Bethel residents from 6 to 7:30 PM. Walkers must wear sneakers. **Begins Jan. 7<sup>th</sup>.**

Classes may be canceled due to lack of participation. Please check Facebook for cancellations due to inclement weather.

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