

TOWN OF BETHEL PARKS AND RECREATION
November 2016 Activities

Dr. Duggan Community Center, 3460 RT 55 White Lake
845-583-5360 or e-mail: bethelnyparksandrec@gmail.com

If Monticello schools are closed for a holiday or break, we are closed. Cancellations are posted on Facebook and the outside door of the Duggan Community Center. Also, if Monticello cancels after-school activities due to weather, most likely our programs are canceled as well.

Ongoing Programs:

Zumba classes: Tuesdays with April at 5:15 PM; Cost is \$5 per class, free to Bethel youth. **Class on 11/8 will be held in the Cafeteria due to the Election.**

Kick-it Off exercise class: Thursdays at 6:30 PM. Combines martial arts moves with targeted exercises for stomach, legs and arms. Cost is \$5 per class, free to Bethel youth. **NO CLASS 11/24 – Thanksgiving Day.**

Tae Kwon Do classes: Tuesdays at 6:30 PM (beginner class) and 7:30 PM (intermediate). Sensei Mike McCauley. Cost is \$5 per class. **Youth must be at least 6 years old.** Open to youth and adults. *Great mother-child or father-child activity!!* **Class on 11/8 will be held in the Cafeteria due to the Election.**

All fitness classes are held in the Duggan gym. First class is free. Wear comfortable clothes and sneakers.

Pickleball Court Times – Monday and Friday evenings from 6 to 8 PM in the Duggan gym. We provide the nets and some paddles. Open to teens and adults. Pickleball is the fastest growing sport that combines badminton, tennis and ping-pong. **No pickleball on November 7th and November 25th.**

Walk the Halls – participants walk the hallway of Duggan School. Bring your own music or a friend to talk to. Enter by the gym and sign in

at the table. Bring a sweater or sweatshirt as the halls do not have heat.
Mondays and Tuesdays from 6 to 8 PM. No program on Nov. 7 & 8th.

Paint with Friends Night - Holiday Glass Block

Monday, November 21st 6 PM Bethel Recreation Center This month, we will be painting a glass block with a holiday design. **Bring your floral/greenery picks and ribbon for your block.** All other materials included in cost; light refreshments served. Instructor is Regina Kaufmann of The Enchanted Easel. Cost is: \$30 for adults and \$25 for teens. RSVP by 11/17 to 583-5360.

Youth Craft Nights for Grades Kindergarten to Sixth –Classes will be held on **Tuesday evenings at 6:30 PM** in the recreation center. *A fee of \$2 per child will be collected for each class.* November 8th and November 15th classes will be fall and Thanksgiving themed. **NO CLASS on 11/1 or 11/22.** Class on 11/29 will be spent making natural ornaments for the Town Tree Lighting to be held on 12/2. *No classes are held on days that the Monticello Central School District is closed.* Instructor Wendy Seward.

Bethel Youth Scholarship Fund Penny Social – Saturday, November 5th. The doors will open at 6 PM with calling beginning at 7 PM. Admission is \$1 donation with a refreshment included. Additional raffle tables will be available. We are in need of volunteers to help with set-up on November 5th at 9 AM. We also need people willing to donate or bake cupcakes, brownies, and other refreshments. Call Maria at 583-1147 for more information.

Halloween Haunted House clean up will take place in November. Volunteers are needed to help take down the scenes and plastic walls and to put away the props. Dates and times will be posted on our Facebook page. Sunday, Nov. 6th from 2 to 5 PM will be the first clean up date.

Upcoming Events:

Annual Tree Lighting – Friday, December 2nd at 7 PM in Kauneonga Lk
Santa Express comes to Kauneonga Lk on Sat., December 3rd at 5:30 PM.
Ski Program details will be in our December newsletter.