



Town of Bethel

Sullivan County, New York

Rita J. Sheehan, CMC/RMC
Town Clerk/Registrar
Records Management Officer
(845) 583-4350 ext. 11

**RESOLUTION INTRODUCED BY THE TOWN BETHEL TOWN BOARD TO
ESTABLISH AN EMPLOYEE WELLNESS PROGRAM AND AN EMPLOYEE
WELLNESS COMMITTEE**

WHEREAS, the Town Supervisor will initiate a Town Employee Wellness Program to analyze current wellness offerings and other potential opportunities to provide healthy choices for employee wellness through an Employee Wellness Committee; and

WHEREAS, the Employee Wellness Committee shall introduce and support healthier options for all department employees while taking into consideration their interest and needs related to health; and

WHEREAS, the Town of Bethel recognizes that an active wellness program can improve morale, decrease risk of chronic disease, decrease absenteeism, increase energy level, improve concentration and focus resulting in high productivity, and improving overall quality of life.

WHEREAS, the employee wellness committee will create wellness policies to include the nutrition and physical activity guidelines as well as other wellness initiatives.

WHEREAS, the Wellness Committee will provide options for information and access for a healthy life style.

WHEREAS, the Wellness Committee intends to foster partnership with agencies who provide tools for wellness programs in Sullivan County.

WHEREAS, the implementation of this policy shall reflect the efforts to improve the health of our employees in the workplace.

NOW, THEREFORE, BE IT RESOLVED, that the Town Board understands the importance of the Town of Bethel's Employee Wellness Program and hereby formalizes the

Employee Wellness Committee to include the following members:

Assessor's Office
Building Department
Highway Department
Constables
Justice Court
Parks & Recreation
Supervisors Office
Town Clerk
Elected Officials

BE IT FURTHER RESOLVED, that the Town of Bethel Employee Wellness Committee will report their progress and any recommendations to the Town Supervisor.

Motion by Lillian Hendrickson, seconded by Dawn Ryder and adopted 5 ayes and 0 nays, the 14th day of June 2017.